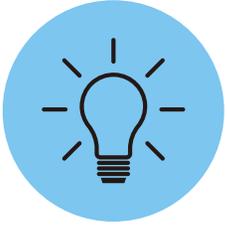
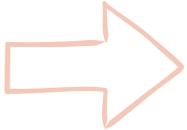


Evidence-Based Practices To Make Learning Stick



Retrieval Practice

Actively recalling information strengthens memory more than reviewing notes.

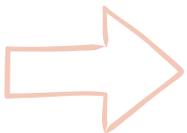


Mini-quizzes, brain dumps, flash cards, low-stakes recall.

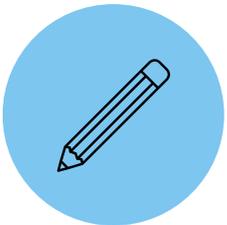


Interleaving

Mixing different types of problems or content improves long-term retention and transfer.

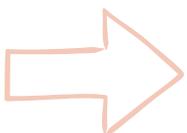


Alternate between topics or question types in review sessions.



Checking for Understanding

Ongoing formative assessment helps teachers adapt in real time.



Exit tickets, think-pair-share, mini whiteboards, quick polls.